# HIP3T-MI ICAR

# ICAR - CENTRAL INSTITUTE OF FISHERIES EDUCATION

(Deemed University), Indian Council of Agricultural Research





Tel. No. 022-26361446/7/8, Fax No. 022-26361573 Web Site www.cife.edu.in

F. No. 36-09/16-17 /P/

Dated 20<sup>th</sup> November, 2016

To

### List attached

SUB: Quotation for Purchase of Gym Equipment.

Sir,

The Director, Central Institute of Fisheries Education (CIFE), Mumbai  $-400\,061$  invites sealed quotations for items mentioned attached annexure/ overleaf from the reputed/ registered firms as per the following schedule.

Quotation must be submitted latest by : 1300 hrs. on 16.12.2016 Time of tender opening : 1500 hrs on 16.12.2016

The envelope containing quotation should be superscribed with the name 'Purchase of Gym Equipment' in the bold letter with File No. 36-09/16-17 /P/

# **Terms & Conditions:-**

- The quoted rates must be valid for six months.
- Quotations received after due dated will not be entertained.
- The Manufacturer/ Dealer should quote only one make and one model of equipment similar as per our specification. The multiple quotes shall be rejected.
- Rates will be compared for each item separately and not collectively.
- Technical compliance statement along with Catalogue must be enclosed with the quotation letter.
- Tender fee of Rs. 1000/- must be enclosed in form of Demand Draft/ Pay Order drawn in favor of "ICAR Unit CIFE" Payable at State Bank of India, Versova Branch, Mumbai should be enclosed with their quotation, otherwise it will be rejected. Tender fee is applicable to NSIC holders also.
- The Earnest Money Deposit (E.M.D.) @ 2.5% of the total cost in the shape of Demand Draft/ Pay Order drawn in favor of "ICAR Unit CIFE" Payable at State Bank of India, Versova Branch, Mumbai should be enclosed with their quotation, otherwise it will be rejected.
- The E.M.D. of successful bidder shall be forfeited, if they fail to supply the stores as per supply order.
- No advances shall be given. The payment will be made only after delivery of store and satisfactory installation/ operation.
- The stores should be supplied within 15 days from the date of issue of Supply Order or by the date mentioned in the Supply Order.
- There should be no cutting/ overwriting.
- Successful bidder has to deposit 10% Security Deposit in form of FD/BG for the Guarantee period.
- Provide Name & Full Address of your Banker with Branch Code, IFS Code, MICR Code etc. and also PAN / TAN No.

The Director, CIFE, Mumbai reserves the right to accept or reject any or all the quotations without any reason thereof. No correspondence shall be entertained in the regards.

ASSTT. ADMINISTRATIVE OFFICER

**Enclosed: Annexures** 

# Specifications for items required in CIFE gymnasium

SN	Item	Specification	No.		
			items		
1.	COMMERCIAL TREADMILL	Mentioned separately			
2.	COMMERCIAL UPRIGHT BIKE	Mentioned separately			
3.	MULTIGYM 4 STACK	Function: leg press, leg extension, chest extension, high pull, low pull, side pull, rowing and abdomen-press etc.  Specs: It can be used by 5 people simultaneously. Four groups and total 64 pieces of rubber weight stacks, 6 kgs for each one.  Covers an area of space: 2770 X 2720 X 2065 MM  Gross weight: 702 KGS			
4.	CHEST PRESS	This equipment is built to meet the demands of high use environments but also has a simple and user friendly design making your workouts effective and enjoyable.  Specifications:  (L x W x H) 913 x 1265 x1400(mm)  (L x W x H) 35.9 x 49.8 x 55.1 (in)  Product Weight 84kg/185lbs  77 Sets	1		
5.	ARM CURL	Frame of the machine is produced from oval tubes 50 x 100 mm, 3 mm thickness; Weight stacks are equipped with the teflon bushings to provide silent movement and good glide; El astic durable cable with the covering, filled with gel lubricant; Half-automatic fix pin of the seat adjustment; Additional weights per 2 or 3 kgs are specified for certain working settings ( option); Acrylic cover protects the weight stack completely on both sides; Color of the upholstery: black; Color of the frame: gray metallic; Long warranty period.	1		
6	LEG EXTENTION	L X W X H:1192 X 1167 X 1400 (mm) 47 X 46 X 55 (in) N.W.: 99 kgs 40': 69 sets	1		
7	LEG CURL	L X W X H:1436 X 1170 X 1400 (mm) 57 X 46 X 55 (in) N.W.:102 kgs 40': 69 sets	1		
8	LEGPRESS HACK SQUAT	L X W X H: 225.3 X 97.5 X 147.5 (cm) 88.8 X 38.4 X 58.1 (in)Net Weight: 157Kg/346.2Lbs MAX WEIGHT CAPACITY: 200Kg/440Lbs	1		
9	Weight assist chin/dip combo	L X W X H:1466 X 1245 X 2140 (mm) 58 X 49 X 84 (in) N.W.:110kgs	1		

10	MULTI PRESS	L X W X H:1818 X 1337 X 1400 (mm) 72 X 53 X 55 (in)	1
		N.W.:109kgs	
		40': 72 sets	
11	DUMBBELLS	L X W X H: 159 X 81.5 X 98.5 (cm) 62.6 X 32 X	1
	RACK	38.8 (in)	
		Net Weight: 69.2kg/152.6 lbs	
12	SCS ROUND	2.5Kgs/5Kgs/7.5Kgs/10Kgs/12.5Kgs/15Kgs/20Kgs	1
	RUBBER		each
	DUMBBELLS:		
13	RUBBER	2.5Kgs/ 5Kgs / 7.5Kgs / 10Kgs / 12.5Kgs / 15Kgs	1
	PLATES SETS:		each
14	STOMACH		2
	CRUNCH		
15	Rubberised	Thickness 1 cm (quote per sq rate) ~750 sq ft.	
	flooring	· · · · · · · · · · · · · · · · ·	
16	Lockers	Wooden 2'x1'	50

# **COMMERCIAL TREADMILL**

- User Weight Capacity ~440 lbs (200 kg)
- FRAME: Custom steel frame, with two step powder-coating and rust-resistant undercoat
- Step-up height: ~7"(17.85cm)
- Running Surface: ~22" x 60" (56 x 152 cm)
- Width ~36 inches
- Length ~84 inches
- Height ~56 inches
- LED display
- Telemetry and Contact Heart Rate Monitoring System
- 2-speed personal cooling fan, 2 in 1 emergency switch, Warning lights, Transportation wheels, Accessory tray and bottle holster
- ELECTRICAL: 220V
- CERTIFICATION: CE, ETL, EN957
- Maintenance free deck and belt with self-lubrication
- Ergonomic handlebar design
- Anti-slip side stripe.
- Tapered roller to keep belt centered automatically.
- Cushion absorber system
- Integrated step-counter with a current sensor to detect when user steps on the tread.
- Warning lights stay on when user runs on, and twinkle when the machine is cooling down.
- 4HP continuous AC motor (peak 8 HP), Speed range of 0.8-25km/h.

# **COMMERCIAL UPRIGHT BIKE**

- Maximum user weight: ~160Kg/350Lbs
- Console Windows 7 + dot matrix, Program instant key, Numeric keypad
- *Workouts:* ~ 10
- Display readouts: 7
- UNIT SELECTION : Metric, Englis
- HEART RATE MONITORING: Polar contact, telemetry
- FEATURES: Handlebars 3 riding positions with two sets of contact heart rates grips and on-your-finger-tips control
- Frame:2 step powder-coating with rust-resistant undercoat
- Resistance levels: 20
- Brake: Self powered hybrid brake
- Resistance Brake power:450W
- Crank: Oversized
- Pedals: Oversized dual-sided pedals with integrated straps
- Integrated Transportation Wheels,
- Cup holder
- DRIVE: Two stage drive with poly V-belt
- MONITOR: Display readouts: Time, Distance, RPM, Speed, Level, Calories, Pulse and Watts

# <u>ANNEXURE – II</u>

Name of Equipment:	
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Sl.No.	Descri	ption of Iten	n	Qty.	Rate	Total	
Gros	s total	cost	Rs		(in	figures)	
(Rup	ees	1.					
	in words)						
	agree to supply th	_				_	
for a Freig	Total Contract light Charges		_		, Transportatio	on, Installation, (in figures)	
(Rup			IXS.			(in figures)	
	ls) within the period	od specified i	n the invitat	tion for Qu	uotations.		
We		that the months s			warranty/	guarantee of	
			11 3		(BIDDE	D)	
	K)						
			NAME:				
SIGNATURE:							
			DATE.				